

Circle of Security Parenting Program



Circle of Security Parenting® is a relationship based parenting program that helps parents explore the emotional needs of their children and how parents can meet these needs.

Circle of Security Parenting® helps guide parents towards building healthy attachment relationships with their children. Fifty years of research on attachment demonstrates that children with healthy attachments to their parents are more likely to:

- Have higher self-esteem
- Solve problems on their own
- Get along better with friends
- Have better relationships with brothers and sisters
- Know how to be kind to those around them
- Enjoy more happiness with their parents
- Feel less anger at their parents
- Turn to their parents for help when they are in trouble

Presenter:

Annabelle Oates , COSP Certified Presenter

For an informative video clip go to:

<https://www.youtube.com/watch?v=F6DhnbgRAOo>

Venue: Keithcot Farm Children's Centre
5 Keithcot Farm Drive, Wynn Vale

Tuesdays: 8 May to 26 June 2018
9:30am - 11:30am

RSVP: 1 May 2018

To register your attendance please contact Laura Francis, Community Development Coordinator on 8251 2700 or email laura.francis@sa.gov.au

Childcare available – when you register, please let us know if you require the crèche.



Keithcot Farm Children's Centre
for Early Childhood Development and Parenting



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